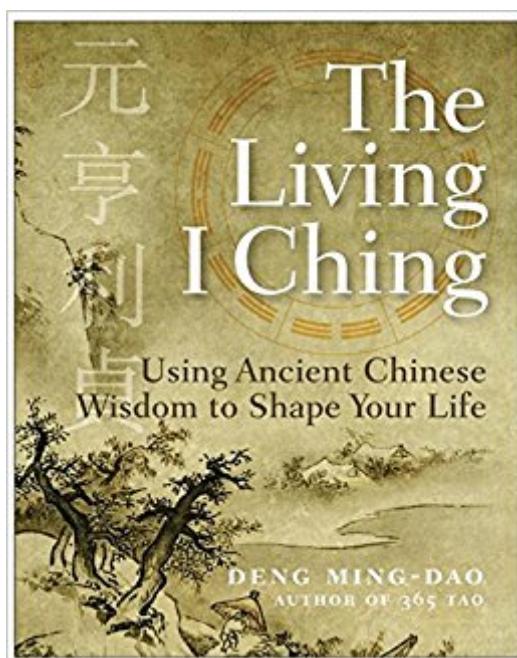


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# The Living I Ching: Using Ancient Chinese Wisdom To Shape Your Life



## **Synopsis**

Known widely as a tool for predicting the future, the I Ching is also a repository of three thousand years of philosophy. Its basic premises are simple: that all the world changes, that change is driven by impersonal forces that can be seen in terms of yin and yang, and that all change is cyclical. The wise person harmonizes with the great cycles of change, and, in order to be a master of change, must understand the I Ching. With this new translation, Deng Ming-Dao, a leading authority on Taoist practice and philosophy, recovers the true wisdom of this ancient classic. The language is friendly, open, and welcoming, and a breathtaking watercolor by the author opens each chapter. This innovative translation brings the ancient Eastern wisdom of the I Ching alive for contemporary readers.

## **Book Information**

Paperback: 448 pages

Publisher: HarperOne (April 11, 2006)

Language: English

ISBN-10: 0060850027

ISBN-13: 978-0060850029

Product Dimensions: 7.4 x 1.1 x 9.1 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 26 customer reviews

Best Sellers Rank: #151,033 in Books (See Top 100 in Books) #13 in Books > Religion & Spirituality > New Age & Spirituality > Divination > I Ching #78 in Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts > Taoism #109 in Books > Politics & Social Sciences > Philosophy > Eastern > Taoism

## **Customer Reviews**

Deng Ming-Dao is the author of eight books, including 365 Tao, The Living I Ching, Chronicles of Tao, Everyday Tao, and Scholar Warrior. His books have been translated into fifteen languages. He lives in San Francisco.

Readers of other works of Deng Ming-Dao will not be disappointed with "The Living I Ching," which exceeds in depth, clarity and scope all that he has produced before. Readers and users of texts on the I Ching written by other authors will find their own consciousness and awareness developing, and enriching their lives beyond normal expectations. Those who have had little or no experience

with either Eastern thought or the I Ching can have confidence in the authenticity of the principles underlying the composition of the I Ching. The author's purpose is to help readers shape their own lives with the assistance of "ancient Chinese Wisdom". The I Ching is not a "fortune-telling," divination means in the usual sense of the term, nor a prophetic announcing. Rather, it is an oracle for guidance in living life harmoniously. It reveals both the nature of a given situation and the sequence of circumstances and events which led up to the situation in question, as well as the course of events to emerge in the future. Deng Ming-Dao writes: "This, then, is what the 'Changes' finally means: it means absorbing the principles of change so that we can not only sense them intuitively, but also make intelligent decisions for the future to yield positive benefits. This is also the best way to understand the 'Changes' moral structure." Deng Ming-Dao has created a text that is "a step-by-step way of absorbing the "Changes" directly." He frames the book with the metaphor of a pilgrimage (a spiritual journey) of 8 Circles. The circle is a common aspect of a pilgrimage, i.e. "one travels with the intention of returning to normal life". The second common aspect is "change," for the person on a pilgrimage returns to normal life with enhanced insight and spiritual strength. The circles start with "The Origin" continues through "Yin and Yang", "The Four Images", "The Early Heaven Eight Trigrams", "The Early Heaven Hexagrams", "The Later Heaven Eight Trigrams", "The Later Heaven 64 Hexagrams", to the 8th circle, "The Voice of the Oracle." The last circle is actually written in the first person on the "I Ching" who tells of its own "pilgrimage". This pilgrimage takes the reader/user from ontological/cosmological principles underlying the I Ching through the evolution of yin and yang, trigrams, hexagrams and the words of Fu Xi, King Wen and Confucius. All of this is presented in the most down-to-earth, reader friendly style I have ever read in books on the I Ching. Deng Ming-Dao says that the I Ching is a human oracle and he presents it as a human in writing and in philosophy. The "poetry" of Deng Ming-Dao increases the dimension of understanding of each hexagram. The pictographic lines are concise and informative. An accompanying poem/verse presents an earthly event such as a woman seated in a carriage meeting a man, or a crane swooping down while people on the ground erecting a building. The verse gives a "sense" of the significance of the principle underlying the hexagram and is worth re-reading after reading the more formal exposition. The Statement is an overall summary of the action of the hexagram. Each line of the hexagram (arranged diagonally bottom to top) is again an action type statement. The Image again is very physical in description and always includes aspects of nature. The text itself extends 2 pages. The first part contains a bit of philosophy, using history as an example and the second part, discusses each line, concluding with the relevance of the Image to the hexagram as a whole. Altogether, it is a rewarding and thought provoking discussion. I highly recommend this book.

Beautiful book, wonderful layout, but serious flaws ( goofed up young yin and young yang) and typos galore. The artwork is very good, and also the poetic renderings, but hard to look past the basic mistakes.

I was instructed to find an I-Ching translation that speaks to me and this is one of two I have chosen. I love this one for the not only the beautiful interpretations of the hexagrams and the layout, but for the indepth explanation of the development and meaning of the complete bagua and the both arrangements.I currently have the kindle version but plan to buy a hardcopy as well. I've not given 5 stars because the kindle version does not have the the sixty four hexigrams linked from the table of contents or an index so it is laborious to find a particular gua.Regardless, if you are looking for I-Ching with a more softer more personal tone take a look at thus one.

For those with interest in the I-Ching, or Book of Changes, Deng Ming-Dao does a spectacular job translating the intent, beauty and complexity of each hexagram and trigram. Each Hexagram gets 4 pages showing the character, the pinyin, the statement and the lines with a detailed discussion.This is far more than a new-age surface reading of the I-ching. The translations and discussion are fresh and timeless with illustrations by Mr. Ming-Dao himself. Whether you are trying to develop a deeper understanding of Chinese Culture or are looking for a guidance in living your life this volume is well worth picking up, reading and rereading.

good book. very easy to read and understand, and still it needs to live out, to experience. as far as the I ching is concerned, such work is adapt to people who really want to know the I ching inside themselves. in fact, words are not important, the important is people who is dare to be transformed, dare to be refreshed into a sheerly different life which is according to one's true nature. Li Daochun (Qing'an), Wang Yangming, Chuang Tzu, and Lai Zhide, all they mentioned about I Ching in one's heart, the balance of Yin and Yang inside. But these anciant literatures are not easy for most modern people especially who do not read anciant Chinese. Now most Chinese do not read anciant Chinese, so Deng's work is also meaningful to readers who live in China.

I've bought four different translations, in search for a book to provide me with the big picture -- the essence of the book -- in a way that's easy to understand. With this book, my fifth, I finally found a perfect place to begin the journey.This translation is very lucid and well organized. It has a flow of its

own that gently guides you down the path, allowing you to make many of the discoveries on your own. As another reviewer noted, it's still good to own several version if you're a serious scholar, but this book has a perfect balance of everything in a beautifully designed and worded package. I'm proud to own this book. Several times now, I've found myself amazed at the quality of this book, with the layman in mind. Although I'm still in the process of reading it, I'd highly recommend it. I'll make sure to update this review down the road...

I have read almost every book by Deng Ming-Dao - he is definitely my favorite living Taoist writer, and I have studied Taoism for the past 13 years. This one helped me to understand the symbolism of the I Ching better, for sure, but it wasn't what I had expected from the sub-title, "Using Ancient Chinese Wisdom to Shape Your Life." It certainly didn't do that for me, and I couldn't see how it was supposed to. Granted, I only read about half the book. It didn't hold my interest long enough to finish it.

In my opinion, it's the most comprehensive book on the Changes I've seen. More material and perspective than is common in many translations.

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